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How to clean philips respironics dreamwear

Getting comfortable and compliant with your CPAP machine is an important stage in your sleep apnea journey. Below we have provided some short videos on the DreamStation CPAP machine care and use. If you continue to have questions or difficulties please contact our Durable Medical Equipment (DME) department for assistance at CSCCDMEsupplies@lmgdoctors.com or call 703-729-3420 option 4 If you continue to have questions or difficulties please contact our Durable Medical Equipment (DME) department for assistance at CSCCDMEsupplies@lmgdoctors.com or call 703-729-3420 option 4 ©2018 Comprehensive Sleep Care Centers in DC area Medically reviewed by Michelle Worley, RN CPAP cleaning is important to help reduce the risk of respiratory infections while using your CPAP. Proper cleaning and maintenance are key for keeping your machine operating at peak performance and ensuring durability. So, let's check out why, when, and how to clean your CPAP!Your CPAP machine works hard to send a constant flow of air pressure into your airway. The air is usually humidified which creates a perfect breeding ground for mold and bacteria to grow and reproduce. Dust and allergens can also contaminate your CPAP supplies over time. These pathogens can be inhaled as you breathe, causing you to become sick or suffer from allergy symptoms. Oils and dead skin cells from your face and hands can build up on your mask and cause irritation or poor mask seal. Cleaning your CPAP supplies on a regular basis will also extend the life of your supplies.If you clean your CPAP accessories on a regular basis you might actually help them last longer and might solve common CPAP problems like noise and skin irritation.What if you've recently gotten over a cold and want to make sure no nasty germs linger on your CPAP? The good news is that a proper cleaning with warm, soapy water should be enough to both clean and disinfect your machine, mask, and parts. Vinegar may also be used as a natural disinfectant, but only after a thorough cleaning with soap.If you're particularly concerned about bacterial or viral infection, you might consider using specialized CPAP cleaning solution with germicide, but you should NEVER use bleach or other household chemical cleaners. These could leave behind harmful residues that can irritate the skin or create toxic fumes.You may also consider using a CPAP sanitizer. These machines use either ozone or UV light to safely and easily kill over 99% of bacteria, viruses, mold, and fungus. That said, a sanitizer should be used in conjunction with regular cleanings. They won't, for example, remove any buildup of oils, skin cells, or mineral deposits, so they should not take the place of routine washing.Your CPAP machine and supplies should be cleaned daily following the manufacturers' recommendations, or at least once per week. If you are sick, however, a daily cleaning schedule is crucial until you are better. Refer to the following steps to clean your CPAP: Clean all of your CPAP supplies in the morning to allow enough time to air dry. Unplug your device and disassemble each part, including the water chamber. Then wipe it's exterior with a clean, dry cloth to remove any dust or debris. Wash your CPAP mask, tubing, and water chamber with warm soapy water. Use a mild soap, such as Dawn or Ivory. Rinse with your CPAP hose and other supplies with clean water. If you choose, at this point you may use vinegar to disinfect your supplies after they've been washed. To do this, soak your supplies in a solution of 1 part vinegar to 3 parts water for approximately 30 minutes. Then rinse with clean water. Allow all supplies to air dry. Remember to only use distilled water in your CPAP humidifier to avoid the build-up of minerals and bacteria. Review the manufacturer's recommendations to see how your CPAP filters should be cleaned. Some can be rinsed with warm water. Other disposable options will need to be replaced. Do not put your mask or tubing in the dishwasher. Some water chambers may be dishwasher safe. Refer to your CPAP manufacturer's recommendations to find out. Never place your headgear or straps in the dryer. Do not leave CPAP equipment to dry in direct sunlight as discoloration could occur. Remember CPAP supplies still need to be replaced on a regular basis. If you are unsure of your replacement schedule, contact your provider for assistance. If you don't have time to spare cleaning your CPAP products on a weekly basis, don't worry. There are CPAP cleaning options and accessories that will reduce time or effort for cleaning. CPAP Wipes:You can reduce build up on your mask and machine by using CPAP wipes. These should not replace your normal weekly cleaning but can help reduce the build-up of debris to make cleaning quicker. CPAP Spray: You can use a CPAP spray to get rid of dust and bacteria and to freshen up your mask. CPAP Sanitizers: A sanitizer can ease your worries about bacteria or mold buildup if your cleaning habits fall short of the manufacturer's recommendations. When it comes to the best CPAP sanitizer, there are multiple options to choose from, but the top customer favorites include the SoClean, the Motif Clean-Z, and the Lumin. Note: Cleaners that use ozone may void the warranty for CPAP machines from ResMed. Always check your manufacturer's recommendations before using a CPAP sanitizer.Ozone cleaners like the Motif Clean-Z will sanitize and disinfect your mask and parts with the all-natural sanitizing power of activated oxygen. Simply place your CPAP equipment inside the provided bag and run the cleaning cycle. About thirty minutes later your CPAP mask, tube, headgear, and more will be 99.9% bacteria-free, dry, and ready to use. No messy chemicals or water is involved. Knock out viruses, mold, fungus, and more in as little as five minutes with the power of specialized UV light technology inside of the Lumin CPAP cleaner. Place your CPAP supplies inside the Lumin, and they'll be germ-free before you know it. It's the fastest way to disinfect 99% of bacteria on your CPAP supplies. You can also use it to sanitize whatever fits inside such as toothbrushes, your children's toys, hearing aids, and more without the use of harsh chemicals or water. To determine which option will best fit your needs be sure to look up CPAP cleaner reviews. Now that you know how to properly clean and care for your CPAP, there's no need to stress about your CPAP maintenance. Caring for your machine and replacing parts as they wear out will help ensure you have a positive CPAP experience. Remember that replacement CPAP supplies may be covered through insurance! Information provided on the Aeroflow Healthcare blog is not intended as a substitute to medical advice or care. Aeroflow Healthcare recommends consulting a doctor if you are experiencing medical issues or concerns. Posted in Cleaning & Maintenance The DreamWear gel nasal pillow CPAP mask with headgear by Philips Respironics is not only magnificent but truly one of a kind. The Philips Respironics DreamWear gel nasal pillow mask is one of three masks in the DreamWear mask line. Unsurprisingly, Philips Respironics has gone beyond all expectations when designing the DreamWear masks. The DreamWear mask line is now offered in both nasal and nasal pillow masks. By using a different headgear combined with the DreamWear frame, this mask is also interchangeable with the DreamWear Full Face cushion. Frames for Side-Sleepers The mask frame of the DreamWear gel pillow mask works best for those with sleep apnea because of its unique design. The tube-like frame is perfect for side sleepers. Its simplistic design makes it easy to read in bed or watch TV as it does not block your field of vision like traditional masks. The airflow is designed to pass through the frame to reach the nasal cushion. The airflow does not cut off when laying on your side. At the top of the frame is a rotating tube connector. This allows tubing to be connected at the top of the head. The frame has adopted the open view design, allowing cpap users to watch TV or read before bed. Top Notch Tube Connector Not only is the frame for the DreamWear masks one of a kind, but Philips Respironics takes it one, huge step forward by creating a mind-blowing tube connector at the top of the head. This genius design reduces the annoying presence of the tubing hanging forward. For those who tend to toss and turn in their sleep, this mask is a great alternative to most prescribed masks. By having the tube connector at the top of the head this allows for easy movement while in bed. The connector allows for a 360-degree swivel. Reducing the chance of tangled tubing. Key Features Uniquely placed Hose Connection Open view Simplistic Design Innovative Frame Multiple Size Options Comfortable CPAP Gel Pillows Frame size: Small Frame Length: 19 in. Medium Frame length: 20 in. Large Frame length: 22 in. Tips to Assemble the DreamWear Gel Pillow CPAP Mask Thrust the mask elbow to the frame prior to being completely enclosed in the frame connection. In order to attach the nasal pillows, organize the arrow on the front with the arrow on the frame and squeeze the two together up to being sank-into place, then do the same thing for the other side. Make sure that the arrow on the cushion is matched with the arrow on the frame so the cushion will work properly if it is connected well to the frame. The headgear needs to be coiled to the slots in the frame and attached to secure the tightness. The headgear should be linked so that the Philips Respironics logo as well as the DreamWear logo faces outward. Tips to Disassemble the DreamWear Gel Pillow CPAP Mask The nasal pillow cushion can be detached by dragging the ends away from the frame. Identically, the mask elbow can be detached by simply dragging it out of the frame. The headgear can be detached by releasing the hook and coiled fasteners and then detaching it from the headgear slots of the frame. When the frame wraps are fixed, they can be detached by releasing the hooks and coiled fasteners. Tips for Cleaning the DreamWear Gel Pillow CPAP Mask Except for the headgear, the parts of the DreamWear gel pillow CPAP Mask should be hand-washed every day. An excellent way to clean this mask is by the use of mild dish soap and warm water. The parts should be rinsed completely then allow it to air-dry out of direct sunlight. On the other hand, when it comes to the headgear, it should be hand-washed every week in the same way. For those short on time, we also recommend CPAP cleaning machines such as the So Clean or the Lumin. Both of these units make an excellent addition to any household as they ease the time it takes to clean your equipment.

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